

SOFT DRINKS

Pepsi Max cherry 398ml glass, 2 kcal
Pepsi Max 398ml glass, 2 kcal
Diet Pepsi 398ml glass, 2 kcal
R White's lemonade 398ml glass, 8 kcal

2.85
398ml

3.05
pint

Pepsi 398ml glass, 167 kcal

2.95 **3.15**

Dalston's Fizzy Rhubarb 330ml, 40 kcal

R White's raspberry lemonade 330ml, 56 kcal

Old Jamaica ginger beer 330ml, 66 kcal

Sanpellegrino 330ml, blood orange, lemon, 73 kcal

Remedy kombucha raspberry lemonade 250ml, 7 kcal

2.95
can

Monster Mango Loco 500ml, 240 kcal

Monster Energy 500ml, 235 kcal

Monster Pipeline Punch 500ml, 225 kcal

Monster Energy Ultra 500ml, 10 kcal

3.05
can

Brecon Carreg spring water **2.10**

Sparkling/still 500ml bottle, 0 kcal

Fruit juice **2.70**

398ml glass, apple 187 kcal; cranberry 80 kcal; orange 199 kcal

J20 275ml bottle, a range of flavours, various kcal **2.95**

TEA, COFFEE AND HOT CHOCOLATE

FREE REFILLS
TEA, COFFEE AND
HOT CHOCOLATE
— ALL DAY EVERY DAY —

Flat white 92 kcal
Cappuccino 102 kcal
Latte 113 kcal
Mocha 147 kcal
Espresso 6 kcal
Black coffee 6 kcal
White coffee 24 kcal
(Oat milk available 4 kcal)
Hot chocolate 169 kcal
Tea Tetley
 with semi-skimmed milk 14 kcal
(Oat milk available 4 kcal)
 Decaffeinated tea and coffee available.

£3.25 each

Biscuits
Walkers shortbread 151 kcal **80p**
Stem ginger biscuit 123 kcal **80p**
Belgian chocolate biscuit 129 kcal **80p**
Salted caramel brownie bar 316 kcal **2.10**

LAVAZZA
TORINO, ITALIA, 1895

Coffee

The freshly ground 100% Arabica Lavazza coffee^{††} we serve is from Rainforest Alliance-certified farms.



Tea

The Tetley tea we serve also comes from Rainforest Alliance-certified farms. Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.

BREAKFAST Served until 11am



Eggs Benedict; Fresh fruit; Large breakfast

Large breakfast 1313 kcal Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast	13.20	Eggs Benedict 668 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	11.95
Traditional breakfast 743 kcal Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast	11.70	Mushroom Benedict 697 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	11.95
Small breakfast 434 kcal Fried egg, bacon, sausage, baked beans, hash brown	8.70	Miner's Benedict 881 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	11.95
Add: Two slices of black pudding (355 kcal) 1.99		Scrambled egg on toast 591 kcal Three eggs, buttered white bloomer toast	6.20
Slice of toast 176 kcal 1.50		Beans on toast 549 kcal Buttered white bloomer toast	5.60
Large vegetarian breakfast 1236 kcal Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	13.20	Two slices of toast with jam or marmalade 465 kcal White bloomer bread	3.45
Vegetarian breakfast 856 kcal Two fried eggs, two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	11.70	Fresh fruit 216 kcal Apple, banana, blueberries, strawberries	5.60
Small vegetarian breakfast 343 kcal Fried egg, Quorn sausage, baked beans, hash brown, tomato	8.70	MOMA Porridge 252 kcal (plain) Add: Banana (101 kcal) 1.20 Strawberries (14 kcal) 1.20 Blueberries (17 kcal) 1.20 Honey (91 kcal) 85p	4.20
Vegan breakfast 703 kcal Two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	10.70		
Freedom breakfast 613 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	10.70		

BREAKFAST EXTRAS

Add any of the following:

Two slices of black pudding 355 kcal 1.99	Two rashers of back bacon 99 kcal 1.99	Two hash browns 166 kcal 1.99
Sausage 168 kcal 1.99	Two scrambled eggs 163 kcal 1.75	Two mushrooms 129 kcal 1.50
Quorn™ sausage 119 kcal 1.99	Fried egg 69 kcal 99p	Two grilled tomato halves 16 kcal 75p
Baked beans 126 kcal 1.50	Poached egg 57 kcal 99p	Slice of toast 176 kcal 1.50

MUFFINS AND BUTTIES

Egg & cheese muffin 268 kcal Fried egg, American-style cheese, in an English muffin	7.20	Bacon butty 508 kcal Three rashers of bacon, buttered white bloomer bread	6.45
Egg & bacon muffin 317 kcal Fried egg, bacon, American-style cheese, in an English muffin	7.60	Sausage butty 696 kcal Two sausages, buttered white bloomer bread	6.45
Egg & sausage muffin 436 kcal Fried egg, sausage, American-style cheese, in an English muffin	7.60	Quorn™ sausage butty 597 kcal Two Quorn sausages, buttered white bloomer bread	6.45
Egg & Quorn™ sausage muffin 387 kcal Fried egg, Quorn sausage, American-style cheese, in an English muffin	7.60	Breakfast sandwich 617 kcal Sausage, bacon, egg, buttered white bloomer bread	8.05
Breakfast muffin 485 kcal Fried egg, sausage, bacon, American-style cheese, in an English muffin	7.99		
Smashed avocado muffin 232 kcal Guacamole, pico di gallo, on an English muffin, rocket	7.99		
Add: Maple-cured bacon (87 kcal) 1.99 Poached egg (57 kcal) 99p			
Add: Two hash browns (166 kcal) 1.99			



Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

for the facts
drinkaware.co.uk

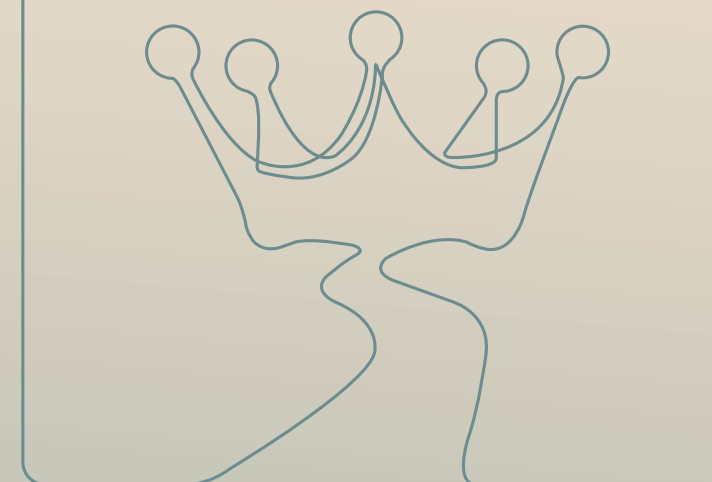
jdwetherspoon.com

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com *Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. †Statement of daily calorie needs from the Department of Health & Social Care. ††Excluding decaffeinated. APSTDNC

FOOD

Breakfast until 11am
Main menu from 11am

The Crown Rivers Heathrow Airport



Before work began on Terminal 5, an archaeological dig was carried out on the 250-acre site. The excavation revealed the Stanwell Cursus, a 2.5-mile-long prehistoric pathway, and a horseshoe enclosure, possibly associated with the mid-winter and mid-summer solstices. Two royal, or crown, rivers were diverted during the building of Terminal 5. The Duke of Northumberland's River was originally owned by King James I; Longford River was dug for his son, Charles I, in the early 17th century.

wetherspoon

FOOD HYGIENE RATING
① ② ③ ④ ⑤
VERY GOOD

Food hygiene rating
We have been awarded the maximum food hygiene rating of 5 in our pub.



How to order from your table

Download the Wetherspoon app
or scan this QR code.

Or note your table number and order at the bar.



Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.⁹

SMALL PLATES

11" garlic pizza bread 703 kcal	7.45
Nachos 636 kcal Cheese, guacamole, salsa, sour cream, sliced chillies	9.05
Bowl of chips 964 kcal	4.50
Bowl of chips with curry sauce 1083 kcal	6.30
Cheesy chips 1269 kcal	5.50
Loaded chips 1306 kcal Cheese, maple-cured bacon, sour cream	7.75
Chicken breast bites 406 kcal Battered chicken pieces, sticky soy sauce	8.75
Chicken wings 1106 kcal Ten spicy chicken wings, Naga chilli dip, blue cheese dip	9.75

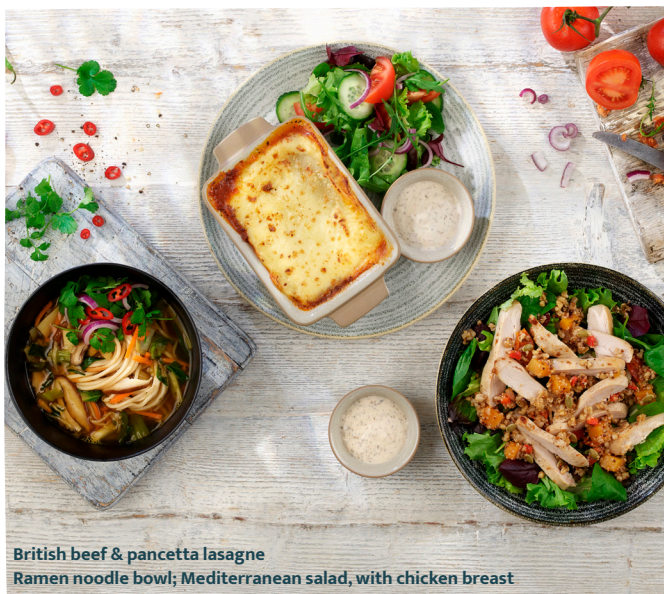
PANINIS

The freshly made paninis below are all served with chips (add 603 kcal) or ask for a salad instead (add 68 kcal).

Cheddar cheese and tomato 587 kcal	9.45
Wiltshire cured ham and Cheddar cheese 552 kcal	9.45
BBQ chicken, bacon and Cheddar cheese 637 kcal	9.45
Tuna mayo and Cheddar cheese 642 kcal	9.45

SALADS, PASTAS AND NOODLES

Ramen noodle bowl 241 kcal Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth Add: Chicken breast (100 kcal) 3.55	10.90
Chicken & maple-cured bacon salad 280 kcal	13.15
Mediterranean salad 314 kcal Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, kale, pumpkin seeds, basil, dressing Add: Chicken breast (200 kcal) 3.55	10.45
Pasta alfredo 659 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket Add: Chicken breast (200 kcal) 3.55 Maple-cured bacon (87 kcal) 1.99	10.90
British beef & pancetta lasagne 749 kcal Side salad	13.15



British beef & pancetta lasagne
Ramen noodle bowl; Mediterranean salad, with chicken breast

BURGERS



Fried buttermilk chicken BBQ burger; Ultimate burger; Double American burger

BEEF BURGERS One 3oz beef patty. Served with chips (603 kcal, included in Calories below).

American burger 1071 kcal Red onion, gherkin, ketchup, American-style mustard	10.99
Classic beef burger 1053 kcal Iceberg lettuce, tomato, red onion	10.99
Skinny beef burger 412 kcal Iceberg lettuce, tomato, red onion, with a side salad, instead of chips	10.99
American cheese burger 1113 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	12.45
Double beef burgers <small>Two 3oz beef patties. Served with chips (603 kcal, included in Calories below).</small>	
Double American burger 1162 kcal Red onion, gherkin, ketchup, American-style mustard	13.50
Double classic beef burger 1142 kcal Iceberg lettuce, tomato, red onion	13.50
Double American cheese burger 1243 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	14.95

Additional toppings

Maple-cured bacon with Cheddar cheese 170 kcal	2.55
Maple-cured bacon with American-style cheese 168 kcal	2.55
Cheddar cheese 83 kcal	1.55
American-style cheese 81 kcal	1.55
Maple-cured bacon 87 kcal	1.99

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Our staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

100% UK and Irish beef

Sourced from farms in the UK and Ireland.
Traceable from farm to fork.

MEAT-FREE BURGERS

Served with chips (603 kcal, included in Calories below).

Breaded vegetable burger 916 kcal Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese	13.50
Beyond Burger™ 939 kcal BEYOND MEAT plant-based patty	13.50

CHICKEN BURGER

Served with chips (603 kcal, included in Calories below).

Fried buttermilk chicken burger 968 kcal Breaded whole chicken breast escalope	13.50
------------------------------------------------------------------------------------------	--------------

GOURMET BURGERS

Served with chips, six onion rings (860 kcal, included in Calories below).

Ultimate burger 1651 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin	15.50
Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1380 kcal Fried buttermilk chicken 1652 kcal	15.50
BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1625 kcal Fried buttermilk chicken 1652 kcal	15.50
Triple American cheese & bacon burger 1479 kcal Three 3oz beef patties, American-style cheese, maple-cured bacon, Red onion, gherkin, ketchup, American-style mustard	15.99

DIETARY SYMBOLS

- = Very mild
- = Mild
- = Medium hot
- = Very hot
- = Extremely hot
- Vegetarian Vegan 5% fat or less Dish under 500 Calories
- Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-56647 www.msc.org

Adults need around 2000 kcal a day.⁸

11" PIZZAS

On a freshly baked sourdough base.

Margherita 941 kcal Mozzarella, basil	12.20
Pepperoni 1159 kcal Mozzarella, pepperoni	13.20
Ham and mushroom 1020 kcal Mozzarella, ham, mushroom, rocket	13.20
BBQ chicken 1123 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	13.20
Spicy meat feast 1339 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	15.20
Additional toppings	
Red onion 10 kcal Sliced chillies 3 kcal; Mushroom 6 kcal	each 1.30
Mozzarella 145 kcal; Ham 71 kcal Chicken breast 100 kcal; Maple-cured bacon 87 kcal	each 1.60
Pepperoni 109 kcal	1.80



Margherita

CURRIES

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.	
Katsu chicken curry 686 kcal Sliced whole breaded chicken breast escalope	13.80
Katsu grilled chicken curry 554 kcal Sliced grilled chicken breast	13.80
Classic curries With basmati pilau rice, plain naan, poppadums and mango chutney.	
Chicken tikka masala 1183 kcal	14.75
Mangalorean roasted cauliflower & spinach curry 951 kcal	14.75



Mangalorean roasted cauliflower & spinach curry; Katsu chicken curry

PUB CLASSICS

Freshly battered cod and chips	14.95
Peas 1253 kcal or mushy peas 1287 kcal	
All-day brunch 1240 kcal Two sausages, bacon, two fried eggs, baked beans, chips Add: Two slices of black pudding (355 kcal) 1.99	13.20
Vegetarian all-day brunch 1163 kcal Three Quorn sausages, two fried eggs, baked beans, chips	13.20
Eggs Benedict 668 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	11.95
Mushroom Benedict 697 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	11.95
Miner's Benedict 881 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	11.95
Smoky vegan chilli 754 kcal Soya mince, red peppers, red kidney beans, black turtle beans, haricot beans, in a smoky chipotle tomato sauce. Rice, tortilla chips	12.80
Add: Two slices of bread (385 kcal) 1.50 Chip shop-style curry sauce (118 kcal) 1.50	



Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.



All-day brunch; Freshly battered fish and chips

SIDES AND EXTRAS

Bowl of chips 964 kcal	4.50
Side salad 68 kcal	2.10
Mediterranean side salad 179 kcal	3.55
Six onion rings 237 kcal	3.25
Twelve onion rings 474 kcal	4.99
8" Garlic pizza bread 352 kcal	6.70
11" Garlic pizza bread 703 kcal	7.45
8" Garlic pizza bread with cheese 424 kcal	7.95
11" Garlic pizza bread with cheese 848 kcal	9.70