

## Desserts

<b>NEW</b> Giant profiterole <sup>500</sup> 433 kcal	5.33
Choux pastry filled with vanilla cream, Belgian chocolate sauce, strawberry Vanilla ice cream	
<b>NEW</b> Salted caramel sticky toffee pudding <sup>877</sup> kcal	4.99
Vanilla ice cream	
<b>NEW</b> Millionaire's shortbread <sup>500</sup> 409 kcal	2.17
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	
Vanilla ice cream <sup>334</sup> kcal	1.82
Two scoops, toffee sauce, Belgian chocolate sauce	
Cookie crunch <sup>364</sup> kcal	1.82
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	
Mini warm chocolate brownie <sup>435</sup> kcal	2.98
Belgian chocolate sauce, vanilla ice cream	
Mini warm cookie dough sandwich <sup>431</sup> kcal	2.98
Salted caramel filling, toffee sauce, vanilla ice cream	
Fresh fruit <sup>470</sup> kcal	4.56
Apple, banana, blueberries, strawberries, vanilla ice cream	
Warm chocolate fudge cake <sup>909</sup> kcal	5.33
Vanilla ice cream	
Warm chocolate brownie <sup>736</sup> kcal	5.33
Belgian chocolate sauce, vanilla ice cream	
Warm cookie dough sandwich <sup>727</sup> kcal	5.33
Salted caramel filling, toffee sauce, vanilla ice cream	
British Bramley apple crumble <sup>673</sup> kcal	5.62
Vanilla ice cream	
-----	
Add: Vanilla ice cream scoop <sup>135</sup> kcal) <b>94p</b> ; Toffee sauce <sup>66</sup> kcal) <b>42p</b>	
Belgian chocolate sauce <sup>61</sup> kcal) <b>42p</b> ; Banana <sup>110</sup> kcal) <b>62p</b>	
Strawberries <sup>27</sup> kcal) <b>62p</b> ; Blueberries <sup>17</sup> kcal) <b>62p</b>	

### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

### DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot  
 = Extremely hot  
 Vegetarian Vegan 5% fat or less Dish under 500 Calories  
 Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org  
**Adults need around 2000 kcal a day.<sup>8</sup>**

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# BREAKFAST

Served  
 8am - 12 noon

<b>Large breakfast</b> 1343 kcal	6.59
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	
<b>Traditional breakfast</b> 807 kcal	4.99
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	
<b>Small breakfast</b> <sup>435</sup> kcal	4.45
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	
-----	
Add: Black pudding (178 kcal) <b>75p</b>	
<b>Freedom breakfast</b> 586 kcal	4.45
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	
<b>Large vegetarian breakfast</b> <sup>1129</sup> kcal	6.59
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	
<b>Vegetarian breakfast</b> <sup>786</sup> kcal	4.99
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	
<b>Small vegetarian breakfast</b> <sup>291</sup> kcal	4.45
Fried egg, vegan sausage, baked beans, hash brown, tomato	
<b>Vegan breakfast</b> <sup>642</sup> kcal	4.61
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	
<b>Porridge</b> <sup>252</sup> kcal (plain)	2.09
Add: Banana <sup>110</sup> kcal) <b>62p</b> ; Strawberries <sup>27</sup> kcal) <b>62p</b>	
Blueberries <sup>17</sup> kcal) <b>62p</b> ; Honey <sup>91</sup> kcal) <b>34p</b>	
Sliced apple <sup>46</sup> kcal) <b>62p</b>	

## Breakfast extras

Add any of the following:

<b>Black pudding</b> 178 kcal	<b>75p</b>	<b>Two rashers of back bacon</b> 131 kcal	<b>1.57</b>	<b>Baked beans</b> <sup>126</sup> kcal	<b>93p</b>
<b>Lincolnshire sausage</b> 168 kcal	<b>1.05</b>	<b>Four rashers of maple-cured bacon</b> 91 kcal	<b>1.52</b>	<b>Two mushrooms</b> <sup>100</sup> kcal	<b>93p</b>
<b>Vegan sausage</b> <sup>82</sup> kcal	<b>1.05</b>	<b>Two scrambled eggs</b> <sup>136</sup> kcal	<b>1.63</b>	<b>Two grilled tomato halves</b> <sup>16</sup> kcal	<b>52p</b>
<b>Slice of toast</b> <sup>225</sup> kcal	<b>1.13</b>	<b>Fried egg</b> <sup>56</sup> kcal	<b>93p</b>	<b>Grilled halloumi-style cheese</b> <sup>447</sup> kcal	<b>1.97</b>
<b>Hash brown</b> <sup>82</sup> kcal	<b>46p</b>	<b>Poached egg</b> <sup>63</sup> kcal	<b>93p</b>		

## Breakfast butties and wraps

<b>Bacon butty</b> 574 kcal. Three rashers of bacon, buttered white bloomer bread	<b>3.88</b>	<b>Breakfast wrap</b> 724 kcal	<b>4.36</b>
<b>Sausage butty</b> 714 kcal	<b>3.88</b>	Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
<b>Vegetarian sausage butty</b> <sup>541</sup> kcal	<b>3.88</b>	<b>Vegetarian breakfast wrap</b> <sup>735</sup> kcal	<b>4.36</b>
Two vegan sausages, buttered white bloomer bread		Fried egg, two vegan sausages, two hash browns, Cheddar cheese	
<b>NEW</b> Vegan option available with vegan spread <sup>435</sup> kcal			

## Breakfast muffin deal

**Includes tea, coffee or hot chocolate. Free refills<sup>9</sup>**

<b>Egg &amp; cheese muffin</b> <sup>249</sup> kcal	3.31
Fried egg, American-style cheese, in an English muffin	
<b>Egg &amp; bacon muffin</b> <sup>314</sup> kcal	3.77
Fried egg, bacon, American-style cheese, in an English muffin	
<b>Egg &amp; sausage muffin</b> <sup>417</sup> kcal	3.77
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	
<b>Egg &amp; vegetarian sausage muffin</b> <sup>330</sup> kcal	3.77
Fried egg, vegan sausage, American-style cheese, in an English muffin	
<b>Breakfast muffin</b> <sup>482</sup> kcal	4.01
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	
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Add: Hash brown <sup>82</sup> kcal) <b>46p</b>	

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. JD Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: [jdwetherspoon.com](http://jdwetherspoon.com)  
<sup>8</sup>Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. \*Non-refundable advance purchase rates, available to book direct on our website, app and on the telephone. <sup>9</sup>Statement of daily Calorie needs from the Department of Health & Social Care. <sup>10</sup>Excluding decaffeinated. <sup>11</sup>Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

# FOOD

Main menu 11.30am - 11pm. Children's menu available.



## The Admiral Byng

### Potters Bar

<b>NEW</b> Fiesta brunch <sup>659</sup> kcal	3.88
Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa	
<b>Eggs Benedict</b> 725 kcal	5.14
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	
<b>Mushroom Benedict</b> <sup>638</sup> kcal	5.14
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	
<b>Miner's Benedict</b> 939 kcal	5.14
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	
<b>NEW</b> Hash brown basket <sup>410</sup> kcal	1.99
<b>Scrambled egg on toast</b> <sup>570</sup> kcal	3.77
Three eggs, buttered white bloomer toast	
<b>Beans on toast</b> <sup>566</sup> kcal. Buttered white bloomer toast	3.66
<b>NEW</b> Vegan option available with vegan spread <sup>460</sup> kcal	
<b>Small beans on toast</b> <sup>252</sup> kcal	2.62
Buttered white bloomer toast	
<b>Two slices of toast with jam or marmalade</b> <sup>524</sup> kcal	2.47
White bloomer bread	
<b>Fresh fruit</b> <sup>200</sup> kcal	3.66
Apple, banana, blueberries, strawberries	
<b>NEW</b> Fresh fruit and yoghurt <sup>334</sup> kcal	4.45
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	

## Table service

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<p><b>FOOD HYGIENE RATING</b></p> <p></p>	<p><b>Food hygiene rating</b></p> <p>We have been awarded the maximum food hygiene rating of 5 in our pub.</p>	<p><b>CERTIFIED SUSTAINABLE SEAFOOD MSC</b>  <a href="http://www.msc.org">www.msc.org</a></p>	<p><b>Sustainable fish</b></p> <p>The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.</p>
<p><b>100% UK AND IRISH BEEF</b></p>	<p><b>100% UK and Irish beef</b></p> <p>From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.</p>	<p><b>RSPCA ASSURED</b></p>	<p><b>Free-range eggs</b></p> <p>100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.</p>

**Breakfast**  
 8am - 12 noon  
 Traditional breakfast  
**£4.99**

**Tea, coffee and hot chocolate**  
**Free refills**  
**£1.56** each

**Deli Deals**  
**INCLUDES A DRINK**

Featuring **NEW** small southern-fried chicken wrap just-a-wrap, without a drink

**£3.08**

soft drink*	alcoholic drink*
<b>£4.11</b>	<b>£5.64</b>

**Burger meals**  
**INCLUDES A DRINK**

Featuring 3oz American burger

soft drink*	alcoholic drink*
<b>£5.44</b>	<b>£6.97</b>

**Afternoon deals**  
**INCLUDES A DRINK**

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips

soft drink*	alcoholic drink*
<b>£6.09</b>	<b>£7.62</b>

**Steak Club**  
**INCLUDES A DRINK**

Tuesday 11.30am - 11pm

Featuring classic 8oz sirloin

soft drink*	alcoholic drink*
<b>£9.67</b>	<b>£11.20</b>

**Curry Club**  
**INCLUDES A DRINK**

Thursday 11.30am - 11pm

Featuring the katsu curry range

soft drink*	alcoholic drink*
<b>£7.91</b>	<b>£9.44</b>

**INCLUDES A DRINK**

**Choose from over 150 drinks**

<p><b>LAVAZZA</b>              TORINO, ITALIA, 1895  </p>	<p><b>Coffee</b></p> <p>The finest ground 100% Arabica Lavazza coffee* we serve is from Rainforest Alliance-certified farms.</p>
<p><b>OUT TO LUNCH!</b>  </p>	<p><b>Award-winning children's menu</b></p> <p>Best children's meals (first place) Independently run 'secret diner' survey.</p>
<p><b>FOOD MILE GOOD</b>              2024 - 2026</p>	<p><b>Sustainable Restaurant Association</b></p> <p>Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.</p>

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Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.<sup>8</sup>












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








## Small plates | Any 3 for £14.93

**8" pizzas. Sourdough base – proved, stretched, topped and freshly baked to order.**

<b>Margherita</b>   467 kcal. Mozzarella, basil	<b>5.91</b>
<b>Pepperoni</b>   575 kcal. Mozzarella, pepperoni	<b>6.51</b>
<b>Ham and mushroom</b> 505 kcal. Mozzarella, ham, mushroom, rocket	<b>6.51</b>
<b>BBQ chicken</b> 555 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	<b>6.51</b>
<b>Roasted vegetable</b>  514 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	<b>6.51</b>
<b>Roasted vegetable and vegan cheese</b>    416 kcal Mushroom, roasted pepper, courgette, onion, basil	<b>6.51</b>
<b>Spicy meat feast</b>    615 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	<b>7.09</b>

**NEW Char-grilled halloumi-style cheese**  514 kcal

Rocket, roasted pepper, courgette, onion, salsa	<b>4.96</b>
<b>11" garlic pizza bread</b>  772 kcal	<b>5.57</b>
<b>Nachos</b>     695 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies	<b>5.81</b>
<b>Bowl of chips</b>  964 kcal	<b>4.23</b>
<b>Bowl of chips with curry sauce</b>  1082 kcal	<b>5.58</b>
<b>Cheesy chips</b>  1256 kcal	<b>5.36</b>
<b>Loaded chips</b> 1303 kcal. Cheese, maple-cured bacon, sour cream	<b>6.03</b>
















With any of the small plates below, choose one dip:  
Sweet chilli    37 kcal; Sticky soy  100 kcal; Naga chilli     136 kcal  
Jack Daniel's® Tennessee Honey glaze  87 kcal; Chipotle mayo     150 kcal  
Blue cheese  270 kcal; BBQ sauce  83 kcal

<b>Halloumi-style fries</b>   396 kcal	<b>4.96</b>
<b>Chicken bites</b>  322 kcal. Ten battered chicken breast pieces	<b>6.09</b>
<b>Southern-fried chicken strips</b>    459 kcal. Five chicken breast strips	<b>6.09</b>
<b>Chicken wings</b>    813 kcal. Ten spicy chicken wings	<b>6.75</b>
<b>Quorn™ nuggets</b>   331 kcal. Eight coated pieces	<b>5.19</b>












## Deli Deals

All wraps and paninis are freshly made to order.

**NEW 10" wraps** A smaller wrap and filling.

<b>Small brunch wrap</b> 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	just-a-wrap, without a drink <b>3.08</b> each
<b>Small vegetarian brunch wrap</b>  545 kcal Fried egg, two vegan sausages, Cheddar cheese	soft drink* <b>4.11</b> each
<b>Small shawarma chicken</b>    502 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	alcoholic drink* <b>5.64</b> each
<b>Small Quorn™ nuggets</b>   310 kcal Salad leaves, tomato, cucumber, salsa	<b>5.64</b> each
<b>Small southern-fried chicken</b>     399 kcal Salad leaves, smoky chipotle mayo	<b>5.64</b> each
<b>Small fried halloumi-style cheese</b>      391 kcal Salad leaves, sweet chilli sauce, tomato, cucumber Add: Small side salad  (46 kcal); Small portion of chips  (329 kcal) <b>1.03</b> each	<b>5.70</b> each

## 12" wraps

<b>Shawarma chicken</b>    719 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	soft drink* <b>5.70</b> each
<b>Quorn™ nuggets</b>   508 kcal. Tomato, cucumber, salsa	alcoholic drink* <b>7.23</b> each
<b>Southern-fried chicken</b>    609 kcal Salad leaves, smoky chipotle mayo	<b>5.70</b> each
<b>Fried halloumi-style cheese</b>    707 kcal Salad leaves, sweet chilli sauce, tomato, cucumber	<b>5.70</b> each

## Paninis

**NEW Roasted vegetable and vegan cheese**  480 kcal  
**Cheddar cheese and tomato**  527 kcal

**Wiltshire cured ham and Cheddar cheese** 508 kcal  
**BBQ chicken, bacon and Cheddar cheese** 586 kcal


**8" pizzas on a freshly baked sourdough base**  
Choose any 8" pizza from the small plates section.

Add: Side salad  (91 kcal); Spicy rice  (208 kcal)  
Chips  (602 kcal) **1.44** each

Adults need around 2000 kcal a day.<sup>8</sup>

## Burgers

Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

<b>Beef burgers</b> One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below).		
<b>American burger</b> 696 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink* <b>5.44</b> each	alcoholic drink* <b>6.97</b> each
<b>Classic beef burger</b> 677 kcal Iceberg lettuce, tomato, red onion		
<b>Skinny beef burger</b>   375 kcal Iceberg lettuce, tomato, red onion, with a side salad, instead of chips		


<b>American cheese burger</b> 730 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* <b>6.04</b>	alcoholic drink* <b>7.57</b>
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**Double beef burgers** Two 3oz beef patties.  
Served with chips (602 kcal, included in Calories below).

<b>Double American burger</b> 1138 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink* <b>7.73</b> each	alcoholic drink* <b>9.26</b> each
<b>Double classic beef burger</b> 1119 kcal Iceberg lettuce, tomato, red onion		



<b>Double American cheese burger</b> 1207 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* <b>8.30</b>	alcoholic drink* <b>9.83</b>
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## Chicken burgers



Served with a small portion of chips (329 kcal, included in the Calories below).  
**Crunchy chicken strip burger**  776 kcal  
Two southern-fried chicken strips, iceberg lettuce, mayonnaise

Served with chips (602 kcal, included in Calories below).  
**Fried buttermilk chicken burger** 1255 kcal  
Breaded whole chicken breast fillet

<b>Char-grilled chicken breast burger</b> 970 kcal	soft drink* <b>7.73</b> each	alcoholic drink* <b>9.26</b> each
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**Skinny chicken burger**   394 kcal  
Char-grilled chicken breast, with a side salad, instead of chips

## Meat-free burgers

Served with chips (602 kcal, included in Calories below).  
**Beyond Burger™**  1043 kcal  
 BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce

















**Fried halloumi-style cheese burger**   1118 kcal. Sweet chilli sauce

## Just-a-burger

Served on its own, without chips or a drink. each **3.36**  
**American burger**  367 kcal  
Red onion, gherkin, ketchup, American-style mustard  
**Crunchy chicken strip burger**    447 kcal  
Two southern-fried chicken strips, iceberg lettuce, mayonnaise

## Curries













**Classic curries** With basmati pilau rice, plain naan and poppadums.

<b>Mangalorean roasted cauliflower &amp; spinach curry</b>    927 kcal	soft drink* <b>9.84</b> each	alcoholic drink* <b>11.37</b> each
<b>Chicken tikka masala</b>  1190 kcal		
<b>Chicken jalfrezi</b>     935 kcal		
<b>Beef Madras</b>     1043 kcal		
<b>Change your plain naan to a garlic naan</b>  (add 92 kcal) <b>47p</b>		
Add: One vegetable samosa and two onion bhajjis   (293 kcal) <b>1.76</b>		
Two plain poppadums  (86 kcal) <b>47p</b>		

**Katsu curries** With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

<b>Katsu grilled chicken curry</b>  542 kcal Sliced char-grilled chicken breast	soft drink* <b>8.73</b> each	alcoholic drink* <b>10.26</b> each
<b>Katsu Quorn™ nugget curry</b>  686 kcal Eight coated pieces		
<b>Katsu chicken curry</b> 828 kcal Sliced whole breaded chicken breast fillet		

## Jacket potatoes



With side salad and one filling. Extra fillings 1.22 each.		
<b>Coleslaw</b>  559 kcal	soft drink* <b>6.85</b> each	alcoholic drink* <b>8.38</b> each
<b>Cheese</b>  512 kcal		
<b>Baked beans</b>    482 kcal		
<b>Chilli bean non-carne</b>     442 kcal		
<b>Roasted vegetables</b>    383 kcal		

## Gourmet burgers

Served with chips, six onion rings (871 kcal, included in Calories below).





<b>Ultimate burger</b> 1656 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin	soft drink* <b>9.93</b> each
<b>Tennessee burger</b> Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1567 kcal Char-grilled chicken breast 1417 kcal Fried buttermilk chicken 1703 kcal	soft drink* <b>9.93</b> each

<b>BBQ burger</b> Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal Char-grilled chicken breast 1494 kcal Fried buttermilk chicken 1780 kcal	alcoholic drink* <b>11.46</b> each
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**Fiesta burger**  1380 kcal  
 BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

<b>Triple American cheese &amp; bacon burger</b> 1770 kcal Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard	soft drink* <b>11.38</b>
	alcoholic drink* <b>12.91</b>

## Additional toppings and burger patties


<b>Maple-cured bacon with Cheddar cheese</b> 173 kcal	<b>2.14</b>
<b>Maple-cured bacon with American-style cheese</b> 160 kcal	<b>2.14</b>
<b>Cheddar cheese</b>  82 kcal	<b>1.52</b>
<b>American-style cheese</b>  69 kcal	<b>1.52</b>
<b>NEW Vegan cheese</b>  57 kcal	<b>1.52</b>
<b>Maple-cured bacon</b> 91 kcal	<b>1.52</b>
<b>Crunchy chicken strip</b>  92 kcal	<b>1.50</b>

**3oz beef patty** 168 kcal




<b>Char-grilled chicken breast</b> 187 kcal	
<b>Fried buttermilk chicken</b> 473 kcal	each <b>1.97</b>
<b>Fried halloumi-style cheese</b>  298 kcal	
 BEYOND MEAT patty  184 kcal	

## Chicken

Chicken on the bone is marinated, slow cooked and finished on the char-grill.

**Peri-peri char-grilled half chicken**  
**Lemon and herb**    
Char-grilled in a lemon & herb glaze  
Coleslaw, garlic & herb dip


Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal  
Spicy rice 1059 kcal; Chips 1453 kcal

**Hot and spicy**      
Char-grilled in a Naga chilli & citrus glaze  
Coleslaw, Naga chilli dip  
Choose: Side salad 888 kcal; Mediterranean salad 1018 kcal  
Spicy rice 1029 kcal; Chips 1423 kcal

## Chicken baskets

**Boneless basket**    
Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce  
Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal






**Chicken bites basket**  
Ten battered chicken breast pieces, coleslaw, sticky soy sauce  
Choose: Side salad 623 kcal; Spicy rice  763 kcal; Chips 1157 kcal



**Southern-fried chicken strips basket**    
Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze  
Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal

**Quorn™ 'no chicken' nuggets basket**     
Eight coated pieces, coleslaw, sweet chilli sauce  
Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal

## 11" pizzas

**Sourdough base – proved, stretched, topped and freshly baked to order.**

<b>Margherita</b>  934 kcal. Mozzarella, basil	soft drink* <b>8.68</b>	alcoholic drink* <b>10.21</b>
<b>Pepperoni</b>  1151 kcal. Mozzarella, pepperoni		
<b>Ham and mushroom</b> 1011 kcal Mozzarella, ham, mushroom, rocket	soft drink* <b>9.84</b> each	
<b>BBQ chicken</b> 1097 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	alcoholic drink* <b>11.37</b> each	
<b>Roasted vegetable</b>  1028 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil		
<b>Roasted vegetable and vegan cheese</b>   829 kcal Mushroom, roasted pepper, courgette, onion, basil		

**Spicy meat feast**    1214 kcal  
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket

<b>Additional toppings</b>		
Red onion  10 kcal; Sliced chillies     3 kcal; Mushroom  4 kcal	each	<b>88p</b>
Garlic & herb dip  180 kcal; Mozzarella		